

SOMETIMES THE BEST LEARNING HAPPENS IN THE MIDST OF WHAT LOOKS LIKE CHAOS. DON'T BE AFRAID TO GET MESSY – **LEAH ROSS HENRY** 

Star Kids Long Day Care & Preschool





Star Kids Long Day Care & Preschool

**Clean up Australia Day** 

**World Water Day** 

**International Day of Happiness** 

**Harmony Week** 

**The Big Vegie Crunch** 

**Ramadan Begins** 



#### CLEAN UP AUSTRALIA DAY – MARCH 5

Australia has a plastics problem. Australia now produces 2.5 million tonnes of plastic waste each year, equating to 100 kg per person. Of this, only 13% of plastic is recovered and 84% is sent to landfill. More concerningly, around 130,000 tonnes of the plastic we consume leaks into the marine environment each year. By 2025 it is predicted that 99% of seabirds worldwide will have ingested plastic.



#### **World Water Day**



World Water Day is an annual United Nations observance day held on 22 March that highlights the importance of fresh water. The day is used to advocate for the sustainable management of freshwater resources. This World Water Day, you can give the gift of clean water and sanitation to those who need it most. Everyone should have the right to access clean water and sanitation around the globe. On this day, our children participated in group discussion related to water saving. After, they took part in making clouds and rain drops to celebrate this day.

### **International Day of Happiness**









March 20<sup>th</sup> is the UN International Day of Happiness. This year, the theme for International Day of Happiness is "Be Mindful. Be Grateful. Be Kind". The purpose of this day is knowing the value of happiness in one's life and create awareness around it.

Our children participated in fun learning experiences to celebrate this day in group. At the beginning of the day, children joined for morning group time and the educator discussed about happiness, mindfulness, gratefulness, and kindness. After, they took turn to express what makes them happy. Then, based on children's interest, they enjoyed singing and dancing together with joy.

### Harmony Week, 2023



Harmony Day is a time for everyone to celebrate the enormous benefits of multiculturalism. The day recognises the importance of cultural respect, participation, and inclusiveness for everyone who calls Australia home, and is held each year on 21<sup>st</sup> March during Harmony Week.

Our children celebrated Harmony Week by taking part in various learning experiences such as: music, art & craft, discussion and more.

Celebrating Harmony Day is an opportunity to learn about how cultures around the world live and many children find it fascinating to learn about this. Our children loved learning about the different types of homes people live in around the world and matching these to countries on the globe.

# **Big Vegie Crunch Day**





#### Our children participated in:

- Book Reading: The Magic Lunch Box
- Discussion on Healthy Eating
- Making Healthy Lunch Box
- Vegetable & fruits sorting
- What goes in my Woolies shopping bag?
- Practicing name of vegetables
- Harvesting vegetables
  [Outdoor Pretend Play]
- Crunching Veggies





The Big Vegie Crunch took place on 30<sup>th</sup> March at 10 am. This is a time where NSW attempts to set a record for the greatest number of children CRUNCHING on vegetables simultaneously. So, we encouraged our families and children to take part in fun learning experiences throughout the day.

## **Ramadan Begins**



Ramadan reminds Muslims to have compassion for those who are underprivileged and have a more difficult time getting food for themselves. During Ramadan, Muslims are required to give to charity. After the end of Ramadan, Muslims celebrate Eid al-Fitr, the Festival of Breaking the Fast. So, our children welcomed the Holy month Ramadan by making Ramadan Mubarak goody bags for their families. They also made Ramadan lantern, tasbih, learnt about fasting & charity, steps of prayer, enjoyed Islamic stories and more. Educators will continue encourage children and families to take part in our learning experiences related to Ramadan.

Star Kids Long Day Care & Preschool Email: <u>starkidslongdaycare@gmail.com</u> Phone: 0283871642

Feedback is always welcome